



TWIN COUNTY
Regional Healthcare

For Immediate Release

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Please include in your community/public announcements:

TCRH to Offer Stroke Support Group February 12, 2018

Twin County Regional Healthcare will offer a FREE Stroke Support Group on Monday, February 12, 2018 from 2:00 pm to 3:00 pm. The group will be held at Twin County Regional Hospital in the Twin County Room, located on the Ground Floor. Refreshments will be available.

Topics include: stroke symptoms, medications, complication prevention, nutrition, exercise, wellness, coping strategies as well as pet therapy, music therapy, stroke camp and more. Presenters include a physical therapist, an occupational therapist, a speech therapist as well as guest speakers. The group is open to stroke survivors, caregivers and anyone who would like information and support on stroke related issues.

The Stroke Support Group will be offered on the second Monday of each month unless otherwise indicated. Registration is requested but is not required. For more information or to register, please contact Twin County Rehabilitation Services Director, Beth Miletich, DPT, at 276.236.1632.